

AMNESTY KWA GROUND

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WE, THE PEOPLE



HUMAN RIGHTS IN ACTION



MESSAGE

to the movement

Human rights are strongest when rooted in people. They are sustained not only through laws and institutions, but through individuals who choose every day to uphold dignity, equality, and justice in their communities.

This first edition of Amnesty Kwa Ground celebrates that collective power. It highlights the courage, creativity, and commitment of Amnesty International Kenya's Circles of Conscience and activists who prove that meaningful change begins where people live, learn, work, and organise.

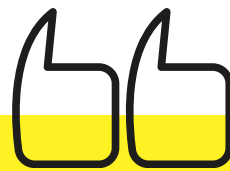
Over the past six months, we have witnessed inspiring action across our movement. Young people have led conversations on governance, digital rights, and gender justice. Community activists have influenced policy, supported vulnerable individuals seeking justice, championed children's rights, and advocated for safer, more inclusive societies. Members have strengthened solidarity, expanded civic participation, promoted environmental stewardship, and advanced mental wellbeing as a key component of human dignity.

What unites these efforts is a shared belief that human rights belong to everyone. Whether defending digital freedoms, supporting survivors of violence, or nurturing the next generation of human rights defenders, our movement continues to demonstrate the power of collective action.



While significant challenges remain, including discrimination, exclusion, shrinking civic space, and economic hardship, these stories remind us that progress is possible when communities organise and act in solidarity.

I thank every activist, volunteer, member, partner, and supporter whose dedication has contributed to these achievements. Together, we continue building a stronger, more inclusive human rights movement grounded in dignity, equality, and freedom for all.



Because when people come together to defend human rights, change does not remain an aspiration: it becomes a reality.

**By George Morara, Executive
Director, Amnesty International
Kenya**



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HUMAN RIGHTS IN ACTION: COMMUNITY VOICES DRIVING CHANGE

Six Months of Courage, Voice, and change in motion

Have you ever been walking through your town, attending a community forum, joining a public event, or simply scrolling through social media when something catches your eye? A banner. Bold, curious, impossible to ignore: “Amnesty Kwa Ground.”

You pause.

What does that mean? Who is Amnesty? And who exactly is “kwa ground”?

The answer is simpler and more powerful than you might think.

Amnesty Kwa Ground is people.

It is the student sparking a conversation on gender justice in a campus. It is the community member rising to speak for survivors of violence at a public forum. It is the activist quietly but persistently following up a land rights case for a vulnerable neighbour. It is the young person advocating for digital rights, the volunteer planting trees under the hot sun, the campaigner shining a light on mental health, and the human rights defender standing shoulder to shoulder with communities affected by conflict.

“Kwa Ground” is where life unfolds in all its complexity.

It is where communities live, work, organise, and confront the issues that shape their everyday realities. And it is also where something remarkable happens: where change begins not in distant spaces, but right here, among ordinary people doing extraordinary things.



This edition of Amnesty Kwa Ground is a celebration of those moments. It brings to life the stories of individuals who are turning concern into action, and action into impact. It reminds us that human rights are not only defended in courtrooms, debated in parliaments, or discussed in international forums they are built, protected, and advanced every single day by people, right here, kwa ground.

So, what does it really look like when Amnesty is truly kwa ground? It looks like people coming together sharing ideas, raising their voices, and standing up for one another. It looks like communities influencing policies, defending rights, supporting the vulnerable, championing digital freedoms, promoting wellbeing, and choosing solidarity, again and again.

Across counties, campuses, and neighbourhoods, Amnesty activists are weaving networks of collective power transforming shared concerns into meaningful, lasting action.

The stories in this edition of Amnesty Kwa Ground invite you to witness that impact up close.

And perhaps, to see yourself in it too.

RAISING BRAVE VOICES

Empowering Young Human Rights Champions in Schools

Across schools in Kenya and within all 102 Human Rights Clubs, something extraordinary is happening. Ideas are no longer confined to textbooks or classroom discussions. They are stepping out into the open, taking shape, and becoming action. Here, students don't just learn about human rights; they live them, practice them, defend them, and sometimes, with nothing but courage, curiosity, and conviction, they challenge the status quo.

And in these spaces, young minds are asking the questions that matter most: What happens when I leave school? How do I keep fighting for human rights beyond these walls?

These are not ordinary school clubs.

They are vibrant incubators of bold conversations and fearless voices, spaces where young leaders are already redefining what justice, dignity, and equality look like in real time.



HRFS CLUB

At the heart of this movement is the Human Rights Friendly Schools (HRFS) Program, steadily shaping safe, inclusive, and empowering learning environments across the country. It is here that young people are given the tools not only to understand human rights but also to practice and champion them within their schools and far beyond.

One of the standout moments this year was the Digital Rights Essay Competition, themed “Voices Online: Courage, Silence and Harassment.” It drew in hundreds of students, each grappling with the realities of life in a digital world. Through research and reflection, they explored pressing issues such as online privacy, cyberbullying, freedom of expression, digital inclusion, and the responsible use of technology.

But this was more than a competition. It was a platform, one that amplified young voices, challenged students to think critically about their digital lives, and inspired them to become advocates for safer, more inclusive online spaces. The story doesn't end here. Keep an eye on the next edition to meet the winner of the 2026 Essay Writing Competition.

Learning also came alive through inter-school exchanges among human rights clubs. Students traveled beyond their own campuses to connect with peers from other schools sharing experiences, exchanging ideas, and discovering new perspectives. These encounters did more than broaden understanding; they built friendships, strengthened solidarity, and nurtured leadership and teamwork across school communities.



Confidence grows. Voices become stronger. Students begin to speak out boldly against discrimination, advocate for gender equality, promote child participation, and foster cultures of dignity and respect within their schools.

Teachers and school administrators are noticing the change too, reporting higher levels of student engagement, stronger safeguarding practices, and a growing appreciation for inclusive, participatory approaches to school governance.



Beyond competitions and exchanges, the energy of HRFS clubs continues to ripple through schools and communities. Students are leading awareness campaigns, facilitating peer education sessions, engaging in debates, organising outreach activities, and marking key human rights days with purpose and pride. And slowly but surely, something shifts.



What is unfolding is more than a programme, it is a transformation. Through HRFS, young people are not only learning about human rights; they are actively shaping environments that reflect those values. They are building school communities that are more just, more inclusive, and more deeply rooted in respect and equality.

The Human Rights Friendly Schools Programme remains a powerful platform, one that is nurturing a new generation of human rights defenders, leaders, and changemakers. And from these classrooms, conversations, and clubs, a future is quietly but confidently taking shape one grounded in dignity, equality, freedom, and justice for all.

OUR RIGHTS, OUR FUTURE

Children Leading the Change - Movet Okello

Children and young people are reminding us of something powerful: they are not just recipients of rights, they are shaping them. With clarity, courage, and conviction, they are stepping into spaces where decisions are made and ensuring their voices are heard.

Through a collaboration with the 5Rights Foundation, Movet Okello, became part of a global video campaign marking the fifth anniversary of General Comment No. 25 under the United Nations Convention on the Rights of the Child. It was more than just a commemoration, it was a moment for young people around the world to speak up about the realities of growing up in a digital age.



MOVET OKELLO AT BETTERVERSE

In her contribution, Movet reflected on how online platforms, artificial intelligence, and educational technologies shape her everyday life. Her voice thoughtful, grounded, and clear helped shine a light on what truly matters: privacy, safety, meaningful participation, and the need for digital systems that put children at the centre. But her advocacy does not stop online.

Movet's journey is continuing into global policy spaces, where she is set to participate in consultations with the United Nations Human Rights Committee on new guidance relating to freedom of association. This process is vital it seeks to ensure that the lived experiences of young people are not an afterthought, but a foundation for shaping international standards on how people organize, connect, and participate in civic life.

In these conversations, Movet brings something essential: real insight. She speaks to the challenges young people face when coming together, raising their voices, and engaging in movements and equally, to the possibilities that emerge when they are supported and heard.

Her voice has also resonated on global platforms like Betterverse, a space dedicated to advancing children's digital rights and wellbeing. There, Movet shared her personal journey as a child activist reflecting on moments of advocacy, participation, and protest. Through her story, she underscored a simple but urgent truth: young people need spaces where they feel safe, supported, and empowered to stand up for what they believe in. What these moments reveal is clear.

Across different platforms, countries, and conversations, young people are not waiting on the sidelines. They are influencing dialogue, shaping decisions, and contributing to a growing global movement for rights, participation, and social change. Their voices are not just part of the conversation they are helping lead it.

JUSTICE IN ACTION

Driving Accountability and Legal Reform Forward

Across the country, something quietly powerful is unfolding. In towns, counties, and communities, Amnesty International's Circles of Consience (CoCs) are proving that real change does not always begin in high offices it often starts at the grassroots, where people come together to demand justice, shape policies, and ensure their voices are heard.

In Migori, that voice carried all the way into national decision-making spaces.

When the National Assembly Budget and Appropriations Committee opened public consultations on the Government's FY 2026/2027 and Medium-Term Budget Estimates, Amnesty Migori stepped forward. It was a moment to influence how public resources are allocated and the chapter did not take it lightly.

Drawing from lived realities within their communities, members submitted a memorandum calling for the establishment and operationalisation of safe houses and Gender-Based Violence (GBV) survivor protection centres. Their message was clear: behind every statistic is a human story and too many survivors are navigating systems that fall short of protecting them.



MIGORI VISIT TO COUNTY ASSEMBLY

By highlighting gaps in protection, psychosocial support, and access to justice, they ensured that gender justice was not sidelined, but firmly placed at the centre of national budget conversations.

Further along the justice chain, in Nakuru East, as Kenya reviewed the Counter-Trafficking in Persons (Amendment) Bill, 2026, Amnesty Nakuru East COC stepped into the process with purpose. Through a detailed memorandum to the State Department for Children Services, they called for reforms that reflect today's realities where trafficking is no longer confined to physical spaces, but increasingly takes root online.

Their proposals went beyond policy language. They centred on people advocating for stronger child safeguarding measures, better protection for victims, improved access to shelters, psychosocial support, legal aid, and compensation. They also called for stronger accountability systems and deeper international cooperation to combat trafficking effectively. At its core, their contribution championed a survivor-centred approach one that puts dignity, protection, and justice first.

Meanwhile, in Nandi County, the work of justice took on a more personal dimension. Members of the Nandi COC rallied around a vulnerable community member, a mother living with a mental health condition, whose land rights case required urgent attention. Through direct engagement with officers at Kapsabet Police Station, the chapter followed up on the case, pressing for timely investigations and accountability.

It was a reminder that justice is not only about systems; it is about people. For many, particularly people with disabilities, accessing justice can still be an uphill journey. By stepping in, the chapter reaffirmed a simple but vital principle: justice must be accessible to all, not just a few.

In Uasin Gishu County, the focus turned to building bridges between communities and the justice system itself. Amnesty Uasin Gishu and MOI CoCs joined a diverse group of stakeholders at the Office of the Director of Public Prosecutions' community dialogue, "Chapa Gumzo na Prosecutor." It was a space designed for conversation one where citizens could sit across from justice actors and engage openly on issues that shape their daily lives.

The discussions were wide-ranging: plea bargaining, diversion programmes, prosecutorial decision-making, witness protection, corruption, and barriers to accessing justice. But beyond the technicalities, something deeper was happening; understanding was growing.

By engaging directly with prosecutors and justice sector representatives, community members gained insight into how the system works, while also sharing their own experiences and challenges. The dialogue reinforced an essential truth: trust in justice systems is built through transparency, accountability, and continuous public engagement.



CHAPA NGUMZO

Taken together, these moments paint a compelling picture. Across different regions, in different ways, Amnesty activists are advancing justice sometimes by influencing national budgets, sometimes by shaping legislation, sometimes by strengthening accountability, and sometimes by standing beside a single individual in pursuit of fairness.

Different paths, one shared purpose. And at the heart of it all is a powerful idea: that when people organise, speak up, and act together, justice moves closer not just in principle, but in practice, right there on the ground.

BREAKING BARRIERS

Advancing Gender Justice and Protecting the Most Vulnerable

Across the movement, the pursuit of gender equality and the protection of society's most vulnerable continues to spark action, conversation, and change. In communities large and small, Amnesty's Circles of Conscience (CoCs) are turning concern into commitment, and commitment into tangible impact challenging discrimination, confronting violence, and pushing back against exclusion in all its forms.



INTERNATIONAL WOMEN'S DAY 2026

In Migori, the call for gender justice has taken a strategic and persistent path. Building on its work in budget advocacy, the Migori COC has placed a clear spotlight on one urgent issue: the need for stronger, better-funded support systems for survivors of gender-based violence. By calling for dedicated resources for safe houses and survivor support centres, the chapter is not only raising awareness it is influencing where and how public resources are spent. Their advocacy reinforces a critical truth: that protection, dignity, and justice for survivors must be backed by real investment from public institutions.



GIVE TO GAIN DISCUSSION

In Nairobi, the conversation unfolded in a different but equally powerful way. Marking International Women's Day, the Nairobi COC hosted a reflective and engaging event under the theme "Give to Gain: What Would You Give to Gain Gender Equality?" It was more than a celebration, It was an invitation to think deeply about what gender equality requires from each of us.

Bringing together members, community leaders, and women's rights advocates, the space came alive with conversation. Through film screenings, panel discussions, and personal storytelling, participants explored both the strides made and the barriers that still stand in the way of women and girls fully realising their rights. By the end of the event, the question had shifted from abstract reflection to personal responsibility as participants made individual commitments to advance gender equality in their own communities, workplaces, and institutions.

In Uasin Gishu County, those commitments echoed on a broader stage, members joined county officials, civil society organisations, development partners, and community members to commemorate International Women's Day under the global theme "Rights. Justice. Action." The conversations were wide-ranging, touching on gender-based violence, economic empowerment, access to justice, political participation, disability inclusion, healthcare, and mental wellbeing. But what made the moment powerful was not just what was discussed, it was who was heard.

The event created a platform for women and girls to share their lived experiences, while also connecting them to support services and opportunities within their communities. In doing so, it strengthened a shared sense of purpose: that advancing gender equality requires collective effort, sustained dialogue, and practical solutions.



GIVE TO GAIN DISCUSSION



NYERI COC ON CHILDREN'S RIGHTS

At the same time, the protection of children's rights remained firmly in focus. In Nyeri, the local Amnesty chapter responded to an alleged child marriage case, members worked closely with families, local administrators, and law enforcement agencies to ensure that the child's safety and rights were prioritised. Their intervention was not an isolated effort, but part of an ongoing commitment to follow up on child protection cases, challenge harmful practices, and strengthen accountability for violations against children.

Meanwhile, on university campuses, conversations around gender justice are taking on bold and unfiltered forms. At Africa Nazarene University, the Amnesty COC created a space that many people avoid, but deeply need. Through a forum titled "Hard Conversations: Things We Avoid Talking About But Shouldn't," students gathered to openly engage with difficult but necessary topics: femicide, gender-based violence, consent, stigma, and survivor support. In that space, honesty replaced silence.

Through open dialogue and peer reflection, students confronted uncomfortable truths, deepened their understanding of the realities faced by survivors, and began to consider their own role in challenging harmful norms and behaviours. It was a reminder that change often begins with the courage to have the conversations we are most hesitant to start.

Advancing gender justice is not a single action, but a continuous effort that requires both systemic change and individual commitment. It demands advocacy and awareness, policy and practice, courage and compassion. And across the country, Amnesty activists are rising to that call working steadily towards a future where everyone can live free from violence, discrimination, and exclusion.

FROM VOICE TO POWER

Youth Leading Democracy and Governance

Young people continued to stand at the forefront of efforts to strengthen civic participation, accountability, and democratic governance demonstrating how youth leadership is shaping more inclusive and responsive societies.

In Kisumu, that leadership came into focus during the Kisumu County Youth Policy Analysis Forum, where members of Kisumu COC joined youth organisations, peace actors, and government representatives to assess progress on the county's youth policy. While commitments to youth empowerment were clear, discussions revealed growing concern over delays in adopting a comprehensive policy, alongside persistent gaps in representation and the slow rollout of youth governance structures. By contributing to the dialogue, the chapter reinforced ongoing advocacy for meaningful youth inclusion in decision-making processes.

Questions of governance also found space within university settings. At Maseno University, Amnesty's chapter partnered with the Political Science Students Transparency Club to host a dialogue on corruption, governance, and economic and social rights. Discussions unpacked how corruption directly affects access to education, healthcare, and public services, highlighting its real impact on everyday life. Participants were encouraged to champion transparency, ethical leadership, and accountability, both within campus structures and beyond.



At Africa Nazarene University, students explored leadership from a different angle through a lively debate themed “IQ vs EQ: Which Matters More?” While examining intellectual versus emotional intelligence, the discussion invited participants to reflect on the qualities that drive effective leadership and advocacy.

Through debate, students strengthened skills in critical thinking, communication, empathy, and public speaking tools essential for civic engagement and social change.

IQ VS EQ DEBATE

Together, these engagements highlight the growing role of young people as active advocates for accountable leadership, participatory governance, and democratic inclusion.

DIGITAL FRONTLINES

Innovation, Civic Power, and the Fight for Online Rights

As digital technologies continue to shape how people learn, communicate, organize, and participate in society, activists are keeping pace driving important conversations on digital rights, online safety, and responsible digital citizenship.

A major milestone emerged through the Jua Terms Campaign, where Privacy First Campaigners secured a grant of KES 873,000 from the African Digital Rights Fund (ADRF), managed by CIPESA. The fund supports initiatives advancing digital rights across Africa, and this award marked a strong endorsement of the campaigners' work. Focused on promoting privacy, transparency, and public awareness, the initiative is helping to deepen understanding of how technology intersects with human rights, while expanding opportunities for advocacy and public engagement.



JUA TERMS



SCROLL BILA TROLL

At the same time, digital citizenship found expression in creative and accessible ways. Through the Scroll Bila Troll Campaign, activists organized the Cycling for Digital Peace initiative transforming a simple ride into a platform for meaningful dialogue. Participants came together not just to cycle, but to discuss online behaviour, misinformation, cyberbullying, and the shared responsibility of creating safer digital spaces.



CYCLING FOR DIGITAL PEACE

Along the way, conversations explored how online words can harm or heal, how misinformation spreads, and why empathy, accountability, and critical thinking matter more than ever. In an environment where digital spaces can feel divided and unsafe, the campaign reframed digital peace as both a shared responsibility and a practical expression of human rights values. Together, these efforts reflect how activists are adapting to a rapidly evolving digital landscape ensuring that the protection and promotion of human rights remains just as strong online as it is offline.



HEALING COMMUNITIES, PROTECTING THE PLANET

Mental Health and Climate Action

Across communities, members continued to promote wellbeing, resilience, and sustainable development by addressing issues that directly shape people's quality of life and dignity.

In Nyeri, the Amnesty Nyeri Community Chapter partnered with government authorities and residents in a security assessment exercise within informal settlements. The engagement created space for community members to raise concerns about safety, security, and access to services, while contributing to government efforts to better understand the realities facing vulnerable communities. By supporting community participation in the process, the chapter strengthened accountability and reinforced the principle that those most affected by public policies should help shape them.

Mental health also emerged as a key area of community engagement. Amnesty Njoro Community Chapter, in partnership with the Nakuru Walk Movement, organized a mental health awareness walk from Nakuru Town to Egerton University. The initiative brought together advocates, community members, and wellness champions to challenge stigma, promote open conversations, and deepen understanding of mental health. By creating space for awareness and dialogue, the activity reinforced the message that mental wellbeing is a human rights issue deserving greater attention and support.



AMNESTY NJRO TREE PLANTING

The Njoro Chapter also demonstrated how community leadership can align with environmental stewardship. During a leadership transition meeting, members received guidance on advancing human rights advocacy while engaging local authorities on community issues. The chapter further partnered with the Kenya Forest Service, county officials, and community stakeholders in a tree-planting exercise promoting environmental conservation and climate action. Together, these efforts strengthened community resilience, encouraged active citizenship, and reinforced the connection between environmental sustainability and human rights.

Across these initiatives, community chapters demonstrated that promoting human rights goes beyond responding to violations it also means building safer, healthier, and more resilient communities where people can thrive.

STRONGER TOGETHER

Building and Sustaining the Human Rights Movement

Throughout the period, community and campus chapters continued to invest in growing the human rights movement, bringing in new members, strengthening partnerships, and creating fresh, engaging ways for people to get involved.

At Moi University, the start of the academic year marked more than just new beginnings, it opened the door to a new generation of activists. During orientation sessions for first-year students, the chapter introduced Amnesty International's mission, values, and pathways for action. Through peer-led discussions and reflections from current members, students were encouraged to see themselves not as observers, but as active contributors to justice, equality, and human dignity. The sessions sparked strong interest and laid a solid foundation for future activism on campus.

Creative engagement also took centre stage at Maseno University, where the chapter partnered with the Kenya Model United Nations (KMUN) Maseno Chapter to host a chess competition. While the tournament encouraged healthy competition and critical thinking, it also became an unexpected entry point into conversations about human rights and Amnesty's work. The initiative attracted new participants, strengthened collaboration between student groups, and led to the recruitment of new chapter members.



MOI UNIVERSITY AND MODEL UN CHESS TOURNAMENT



SPORTS AT AFRICA NAZARENE

At Africa Nazarene University, activism met energy and creativity through a Sports Fest and Student Outreach Campaign organised in partnership with the ANU KMUN Club and the Young Arbitrators Society. Through relay races, tug-of-war games, and awareness activities, the event created space for students to connect, learn, and engage with human rights issues in a relaxed and interactive setting. The initiative boosted Amnesty's visibility on campus while fostering a sense of belonging, solidarity, and shared purpose among participants.

Within communities, movement building also focused on strengthening leadership. In Njoro, members took part in a structured leadership handover process designed to equip incoming leaders with the skills, knowledge, and support needed to sustain advocacy efforts. These investments in leadership and membership growth are helping ensure that the movement remains vibrant, adaptable, and responsive to emerging challenges.

BEYOND BORDERS

Growing Global Solidarity and Activist Leadership

The strength of Amnesty International lies not only in local action, but also in the global solidarity that connects activists across borders, cultures, and experiences.

This spirit came to life through the participation of Pascaliah Nyaboke in the global Deep Dive: Retention and Transitions in Activism session, convened by Amnesty International's Global Group of Activism. Bringing together voices from across the movement, the forum explored what keeps activists engaged over time and how they evolve through different roles and stages of activism.



PASACALIAH NYABOKE

Drawing from her own journey, Pascaliah shared reflections on the opportunities, mentorship, relationships, and support systems that have shaped her experience within Amnesty International. The discussions highlighted the value of creating inclusive pathways for participation, investing in leadership development, and ensuring that activists feel connected, recognised, and supported throughout their journey. The exchange served as a powerful reminder: sustainable activism is built not only on passion and commitment, but on strong communities, meaningful growth opportunities, and a shared sense of purpose.

STANDING WITH SUDAN

Voices of Solidarity in Times of Crisis

In April, Amnesty University Chapters in Nairobi, the Amnesty Nairobi Community Chapter, and members of Human is My ID came together with Sudanese human rights defenders, civil society partners, and members of the public to mark the third anniversary of the conflict in Sudan under the theme #KeepEyesOnSudan.

Three years on from the outbreak of violence on 15 April 2023, the gathering became a moment of pause and of purpose. Participants reflected on the deepening human rights violations, the escalating humanitarian crisis, and the widespread displacement that continues to affect millions across Sudan.

The day began at Freedom Corner in Uhuru Park where three Neema (Neem) trees were planted, each one representing a year of the conflict, and each carrying meaning: resilience, healing, hope. With cultural significance in both Sudan and Kenya, the Neema tree stood as a shared symbol of endurance, reflecting the strength of affected communities and the collective responsibility to stand with those seeking justice and peace. In that moment, it became clear once again that human rights struggles are deeply interconnected and that collective action, across communities and countries, remains essential in advancing dignity and justice for all.



3RD ANNIVERSARY OF THE SUDAN
CONFLICT, NAIROBI

MOVEMENT IN ACTION

From influencing national legislation and advocating for gender justice to strengthening youth participation, promoting mental wellbeing, protecting children's rights, and building stronger communities, Amnesty International Kenya's COCs continue to demonstrate the power of collective action.

Although their activities take place in different counties, campuses, and communities, they are united by a common commitment: ensuring that every person can live with dignity, freedom, equality, and justice. Together, they are not only responding to human rights challenges but also building the foundations of a more inclusive, accountable, and rights-respecting society.

See you at the next edition where we bring you more stories of action and change..







KENYA

AMNESTY
INTERNATIONAL



BECOME A MEMBER TODAY!



Ground Floor, 197 Lenana Place,
Lenana Road, Kilimani, Nairobi, Kenya
P.O. Box 1527-00606
Sarit Center, Nairobi, Kenya
Tel: +254 759 464 346
Email: amnesty.kenya@amnesty.or.ke
Web: www.amnestykenya.org